

Physical Activity Recommendation Not Met (School-Age)

Physical Activity Recommendation Not Met (School-Age)

- Most recent data (2012): 76% of King County youth attending public schools in the 6th, 8th, 10th and 12th grades.
- Trend over time: 2006-12: falling
- Description: Did not participate in physical activity for 60+ minutes on 7 of the past 7 days

Physical activity recommendation not met (school-age), King County, 2010 and 2012

	Percent	Lower CI	Upper CI
King County (school-age youth in 6th, 8th, 10th and 12th grades)	76	76	77
GRADE			
Grade 6	72	71	72
Grade 8	74	73	75
Grade 10	81	80	82
Grade 12	83	82	84
GENDER			
Male	71	70	71
Female	82	82	83
RACE/ETHNICITY			
AIAN	69	66	72
Asian	82	81	83
Black	73	71	74
Hispanic	79	78	80
Multiple	74	73	76
NHPI	75	72	77
White	76	75	76
Other	73	72	74
REGION			
East	75	74	76
North	78	75	79
Seattle	78	76	79
South	76	75	77

Comparisons:

- Higher than King County rate (yellow)
- Lower than King County rate (green)

Notes:

Source: Healthy Youth Survey.

Prepared by Public Health - Seattle & King County, APDE, 12/2014.

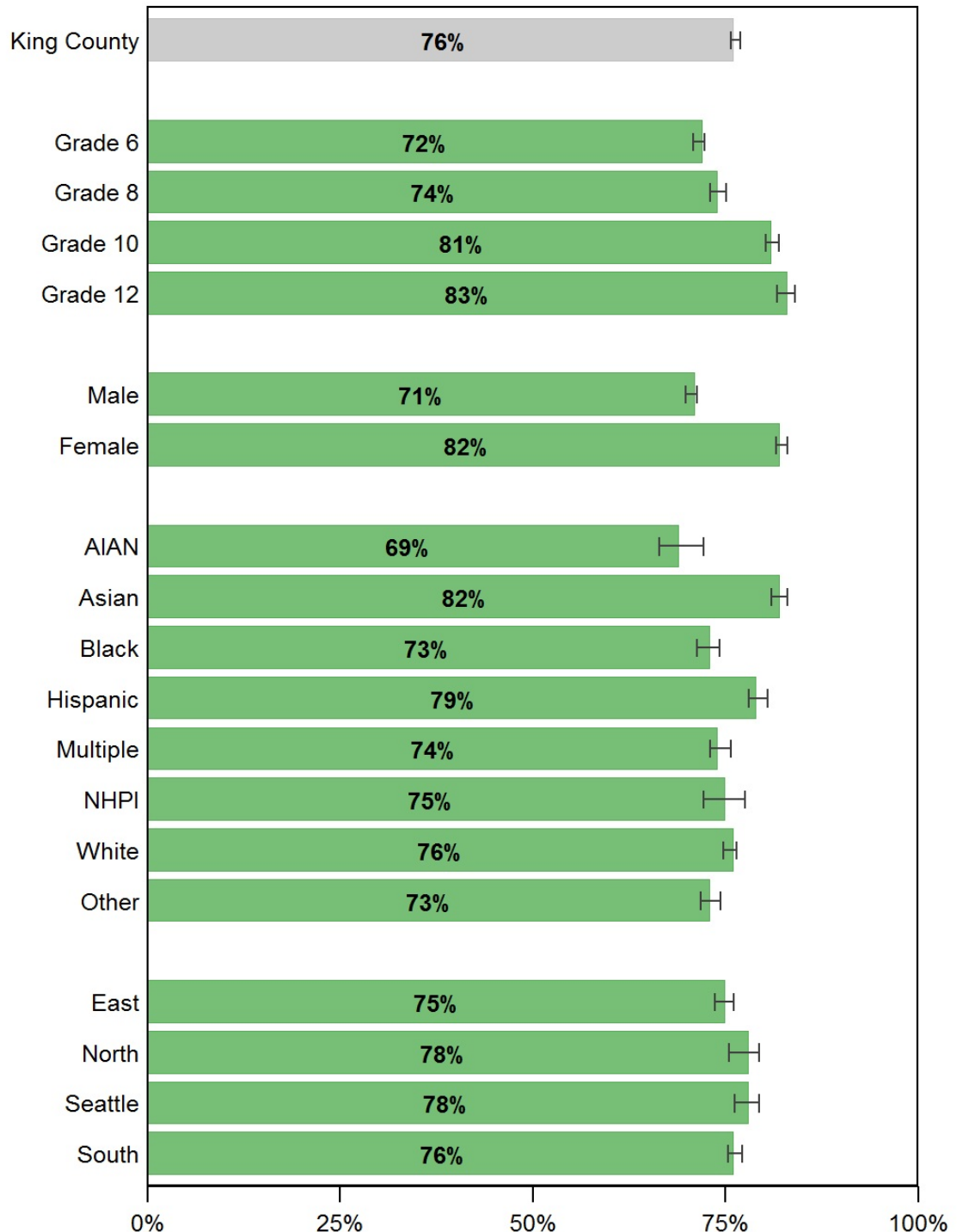
CI is 95% Confidence Interval.

* Too few cases to protect confidentiality and/or report reliable rates.

§ Too few cases to meet precision standard, interpret with caution.

Data by income or poverty level not available.

Physical activity recommendation not met (school-age) King County, 2010 and 2012



Source: Healthy Youth Survey.

Prepared by Public Health - Seattle & King County, APDE, 12/2014.

[-----] Confidence interval shows range that includes true value 95% of the time.

* Too few cases to protect confidentiality and/or report reliable rates.

§ Too few cases to meet precision standard, interpret with caution.

Data by income or poverty level not available.

Physical activity recommendation not met (school-age) by comparison areas

The Healthy People 2020 Objective for physical activity recommendation not met (school-age) is 80%.

	Latest Available Year	Percent	Lower CI	Upper CI
United States	2011	71	70	73
WA State	2012	75	74	76
King County	2012	76	75	77

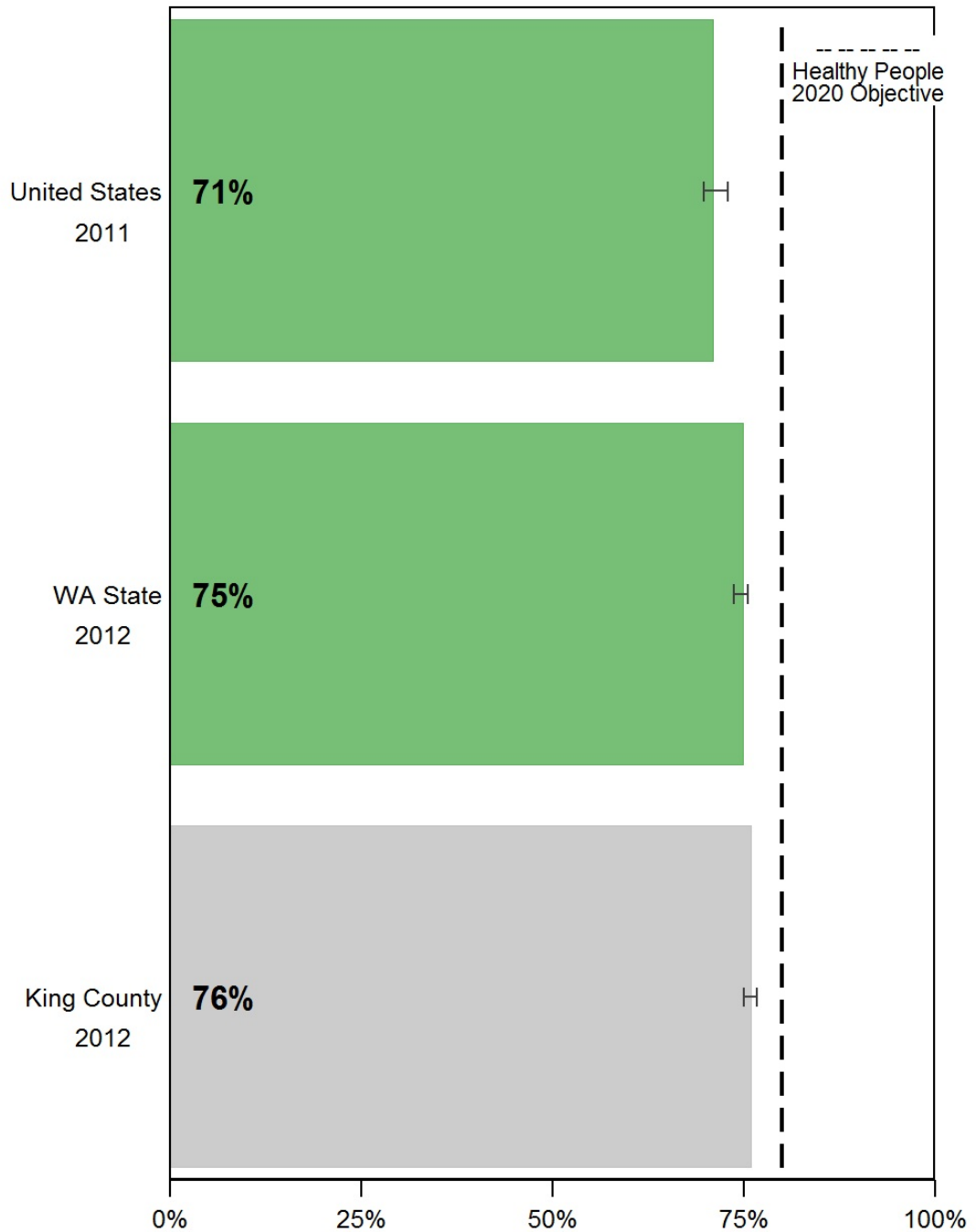
Notes:

Source: Healthy Youth Survey.

Prepared by Public Health - Seattle & King County, APDE, 12/2014.

CI is 95% Confidence Interval.

Physical activity recommendation not met (school-age) by comparison areas

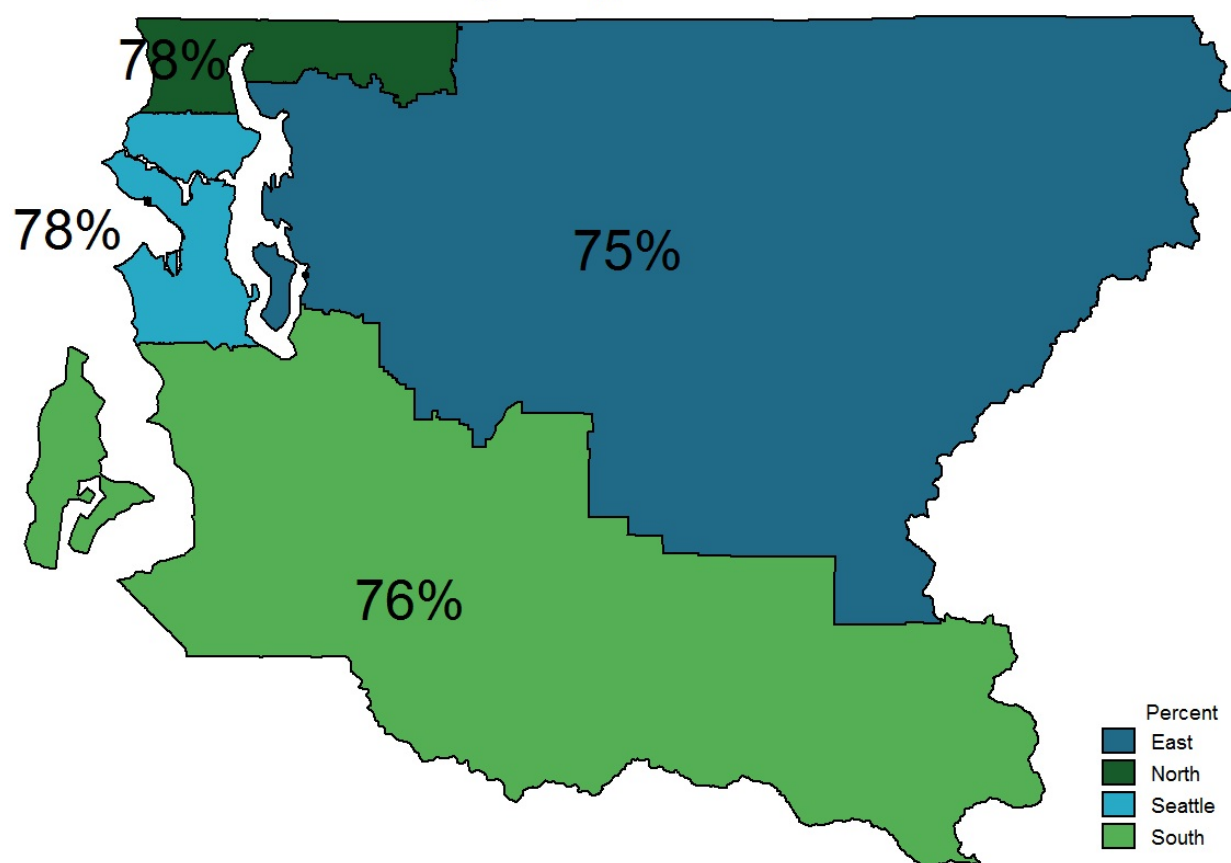


Source: Healthy Youth Survey.

Prepared by Public Health - Seattle & King County, APDE, 12/2014.

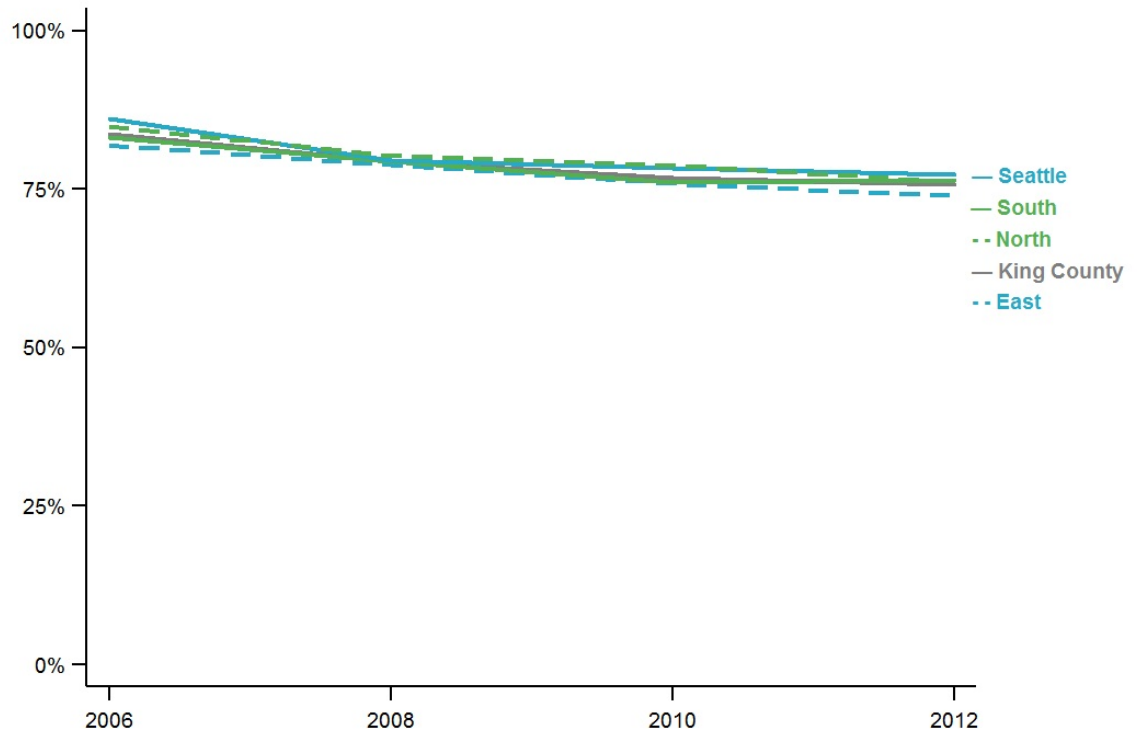
|-----| Confidence interval shows range that includes true value 95% of the time.

Physical activity recommendation not met (school-age) by regions
King County, 2010 and 2012



Source: Healthy Youth Survey.
Prepared by Public Health - Seattle & King County, APDE, 12/2014.
N/A: Not available.

Physical activity recommendation not met (school-age) King County, 2004-2012



Source: Healthy Youth Survey.
Prepared by Public Health - Seattle & King County, APDE, 12/2014.

Produced by the
Assessment, Policy Development & Evaluation Unit
Public Health - Seattle & King County
12/14

King County
Hospitals
for a Healthier
Community